



PADDLE TENNIS

ADULT PADDLE CLASSES

Intro to Paddle | 1hr

Players will learn about the basic strokes, positioning, and tactics of the game. This sport is fun and rugged, played in all weather conditions these courts are heated to melt and dry snow.

Mon 5-6p, Sat 1-2p
M\$216/hr, G\$400/hr

Adv. Drill and Play | 3.5+ | 1.5hr (weekly)

The first half hour is working on a particular shot or scenario and the last hour is relevant games followed by match play.

Mon 7:30-9p Coed
M\$45, G\$82.5

Paddle for Tennis Players | 1.5hr

For proficient tennis players 3.0 or above this course take those racquet skills and applies them to paddle, drills on a specific shot followed by relevant games and matchplay.

Tue 2:30-4p, Thu 5:30-7p Coed
M\$360, G\$660

LEAGUES AND MIXERS

Monday Mixer | 1.5hr (weekly)

Rotating games with breaks to watch the game. This is a great way to meet other players and get accustomed to match play.

Mon 6-7:30 Coed
M\$26, G\$42

In house Flex League | 1.5hr/week

The flex league is flexible, partners sign up as a team and are given an opponent each week. Find a good time to play and report your scores. Podium gets prizes at the end! Men's and Women's intermediate and advanced.

Friday & Sunday evenings
\$139/person (8 matches)

Chicago Platform Tennis Charities League

Lakeshore hosts teams in the men's and women's divisions of the Chicago wide league. Rosters are established prior to August each year and limited space is available. Alternates may be called upon for certain matches.

PRIVATE | GROUP LESSONS

Private | 1 hr

M\$81/hr, G\$130/hr

Semi-private (2 people):

M\$86 /hr, G\$145/hr

Court Rental \$22/hr,

JUNIOR PADDLE CLASSES

Jr Paddle U11 | 1hr | Ages 8-10

Thur 4-5p

M\$240 G\$440

Jr Paddle U13 | 1hr | Ages 11-13 |

Mon 4-5p, Tue 4-5p

M\$240 G\$440

High School Paddle | 1hr | Ages 13-17

Tue 5-6p

M\$240 G\$440

Please enroll online at www.MyLSF.net

SESSION

Fall Sep 11 - Nov 5

For additional information contact:

773.770.2489

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