



Breakfast Menu

Breakfast & Smoothies

Breakfast till 11:30am Smoothies all day

EGGS ANY STYLE

2 Eggs Any Style, Peppers and Onion,
Butternut Squash-Kale Hash, Multi-Grain Bread
\$6

FRIED EGG SANDWICH

2 Eggs Fried Over Medium, Cheddar Cheese,
Chipolte Aioli, Peppered Bacon on Brioche Bun
\$8

OATMEAL BOWL **vg** **v**

Banana, Berries, Agave
\$6

BREAKFAST BOWL

Romaine, Brown Rice, Sunny Side Up Egg, Black Beans,
Al Pastor Chicken, Avocado, Lettuce, Spicy Salsa Verde
\$9

BREAKFAST SALMON BOWL

Quinoa, Sunny Side Up Egg, Butternut Squash,
Broccoli, Kale, Red Pepper Coulis
\$10

CHOCOLATE CHIP PANCAKES

Banana, Yogurt, Maple Syrup
\$8

PB&J

Banana, Strawberries, Blueberry, Peanut Butter, Almond Milk
\$6.50

BOOST ME UP

Blueberries, Strawberries, Bananas, Spinach,
Orange Juice, Greek Yogurt
\$6.50

HEALTHY GLOW

Kale, Cucumber, Lemon (juiced) Banana, Apple Juice
\$6.50

REFRESH

Strawberries, Banana, Oatmeal, Almond Milk,
Vanilla Protein Powder
\$6.50

ENERGY KICK

Almond Milk, Bananas, Blueberries,
Chocolate Protein, Flax Seed, Vanilla Extract
\$6.50

Build Your Scramble \$6

CHOOSE 3 TOPPINGS (EXTRAS \$.50)

Avocado Jalapeno Onions
Bell Peppers Kale Spinach
Black Beans Mushrooms Butternut Squash

CHOOSE YOUR CHEESE (EXTRAS \$1)

Cheddar Jack Provolone
Goat Monterey

ADD PROTEIN (3 OZ PORTION)

Black Peppered Bacon \$2 Turkey Sausage \$2 Short Rib \$4
Chicken \$3 Tofu \$2

vg Vegetarian **v** Vegan
Gluten Free Options Available

Consumer Advisory: Consumption of raw or under-cooked meat, poultry, eggs, or seafood may increase the risk of illness.