



## Masters Swim Team December Schedule 2018

Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date							1-Dec
Time							7:30am-9am
Coach							Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	3-Dec	3-Dec	4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Time	6:00am-7:00am	6:30pm-8pm	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	6:00 - 7:00am	7:30-9:00am
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.	John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	10-Dec	10-Dec	11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	7:30-9:00am
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.	John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	17-Dec	17-Dec	18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.	John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	24-Dec	24-Dec	25-Dec	26-Dec	27-Dec	28-Dec	29-Dec
Time	CANCELLED	CANCELLED	CANCELLED	CANCELLED	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.	John M.	Julie Hartley
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	31-Dec	31-Dec					
Time	6:00 - 7:00am	CANCELLED					
Coach	John M.	Julie F.					

All Masters Practices take place in the first floor lap pool and welcome members of any skill level. Check out LSF's adult one-on-one swim training options by emailing [lpaquatics@lakeshoresf.com](mailto:lpaquatics@lakeshoresf.com)

Yellow indicates a substitute instructor

Red indicates a cancelled class