



JUNIOR TENNIS

LSF's Junior Tennis Program offers the scaffolding for junior players to enjoy the sport of tennis for the first time as well as a path to progress through the ranks of different skill appropriate levels. These opportunities are made available through classes and semi-private or private lessons.

JUNIOR CLASSES: Emphasize group learning where players are given the opportunity to interact with each other through group based activities such as games, skill building, and competition.

FUTURE STARS: Intro to tennis for 3-5 year olds. Motor skills are developed with the love of the game.

UNDER 8-10 STARS: Classes will build upon the U5 Future Stars class by introducing elements of basic forehand and backhand ground strokes and volleys. It will also introduce elements of rallying, swing

technique, point play, and basic rules of the game. Players are encouraged to develop individual ownership to their improving game. These classes will incorporate drills, activities, and games with each weekly lesson.

UNDER 12-16 STARS: Classes are structured to teach basic hitting skills for beginning players. These classes will focus on basic all court skills including forehand and backhand ground strokes and volleys. Players will be introduced to basic elements of rallying, swing technique and body positioning, point play, and competition.

UNDER 10-16 INTERMEDIATES:

Classes are structured to progress the U8-U14 Star players to an intermediate level. Skills will become more specialized and technically improved upon while introducing performance and competition level elements. These classes will specialize in teaching elements such as combining different shots to develop fundamental point play, and introducing higher level skilled shots: serving, slicing, lobbing, and approach shots. This class will aim to advance players to move up to the Academy level.

For more information
contact **Danny McDermott**

773.770.2470

DannyM@LakeshoreSF.com

JUNIOR GROUP CLASS TIMES:

FUTURE STARS (3 & UP)	
Mon	4-4:45pm
Tues	3-3:45pm, 4-4:4pm
Wed	4-4:45pm
Thur	3-3:45pm, 4-4:45pm
Fri	3-3:45pm, 4-4:45pm, 5-5:45pm
Sat	9-9:45am, 10-10:45am
Sun	9-9:45pm, 10-10:45am

UNDER 8 (U8)	
Mon	4-5pm
Tues	4-5pm, 5-6pm (I)
Wed	4-5pm, 4-5pm (I)
Thur	4-5pm
Fri	4-5pm (I), 4-5pm, 5-6pm
Sat	9-10am, 10-11am,
Sun	9-10am, 10-11am

UNDER 10 (U10)	
Mon	4-5pm, 5-6pm (I)
Tues	4-5pm (I), 5-6pm
Wed	5-6pm (I)
Thur	4-5pm (I)
Fri	4-5pm (I), 5-6pm
Sat	9-10am (I), 10-11am (I)
Sun	10-11am

UNDER 12 (U12)	
Mon	4-5pm, 5-6pm (I)
Wed	4-5pm (I)
Thur	5-6pm (I)
Fri	4-5pm, 5-6pm
Sun	10-11am, 12-1pm

UNDER 14 (U14)	
Tues	5-6pm
Wed	6-7pm
Sat	11-12pm
Sun	12-1pm

UNDER 16 (U16)	
Mon	5-6pm (I)
Tues	5-6pm
Thur	6-7pm (I)
Fri	6-7pm
Sun	12-1pm

classes times are offered at the intermediate level
(I)= Intermediate

	MON - FRI	SAT - SUN
Prime time hours.	4pm-10pm	8am-6pm
Non-Prime time hours.	6am-4pm	6pm-10pm

CLASS RATES

10-week session prices

Guest Trial = One Session Only

Minimum 4 students per class

	Member	Guest
45 min	\$270	\$500
1 hr	\$300	\$550
1.5 hr	\$450	\$825
2 hr	\$600	\$1100

SESSION DATES:

FALL Sep 4- Nov 11 10 wks

WINTER I Nov 12- Feb 3 10 wks

No class Nov 22 Thanksgiving

Winter break: Dec 20-Jan 1

WINTER II Feb 4-Apr 14 10 wks

SPRING Apr 15-Jun 23 10 wks

MEMBER REGISTRATION BEGINS 3 WEEKS PRIOR TO THE START OF EACH SESSION.

PRIVATE/SEMI-PRIVATE LESSONS

	Member	Guest
Prime Time Private	\$85	\$135
Prime Time Semi-Private	\$90	\$150
Non Prime Private	\$75	\$125
Non Prime Semi-Private	\$85	\$135

1 make-up lesson allowed within the session.
For lesson cancellations. LSF requires 24-hour notice to avoid cancellation charges.