



CAMP LAKE SHORE 2020

JUNE 1ST - AUGUST 28TH
LAKE SHORE SPORT & FITNESS



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CAMP DATES, OPTIONS, & PRICING

Available Dates

Week 1	June 1-5	Week 8	July 20-24
Week 2	June 8-12	Week 9	July 27-31
Week 3	June 15-19	Week 10	Aug 3-7
Week 4	June 22-26	Week 11	Aug 10-14
Week 5	June 29 - July 3	Week 12	Aug 17-21
Week 6	July 6-10	Week 13	Aug 24-28
Week 7	July 13-17		

Camp Rates

	Daily Member Cost	Daily Guest Cost	Weekly Member Cost	Weekly Guest Cost
Traditional Camps				
Half Day Camps	\$59	\$79	\$295	\$395
Full Day Camps	\$99	\$129	\$495	\$645
Sports Camps				
Tennis Half Day	\$69	\$89	\$345	\$445
Tennis Full Day	\$109	\$139	\$545	\$695
Sports Camps	N/A	N/A	\$545	\$695
Stingrays Camp	N/A	N/A	\$725	\$795
Specialty Camps				
Specialty Camps	N/A	N/A	\$545	\$695
Counselors in Training	N/A	N/A	\$200	\$250
Camp 48				
Camp 48	N/A	N/A	\$650	\$775

CAMP OFFERINGS BY THE WEEK

Plan your summer at LSF by using the tool below. We offer camp each week that includes a blue box. Mix and match offerings to customize your summer!

	June 1-5	June 8-12	June 15-19	June 22-26	June 29-Jul 3	July 6-10	July 13-17	July 20-24	July 27-31	Aug 3-7	Aug 10-14	Aug 17-21	Aug 24-28
Traditional Camps	Week												
	1	2	3	4	5	6	7	8	9	10	11	12	13
Full Day													
Half Day													
PeeWee													
Counselors In Training													
Sports Camps	Week												
	1	2	3	4	5	6	7	8	9	10	11	12	13
Beauties in Beast Mode													
LSF Basketball Academy													
Nothing But Nets													
Stingrays Swim Camp													
Tennis Camp Half Day													
Tennis Camp Full Day													
Specialty Camps	Week												
	1	2	3	4	5	6	7	8	9	10	11	12	13
Culinary Creations													
DIY Kids													
Funky Forensics													
Icky Sticky													
Laugh Factory													
Camp 48	Week												
	1	2	3	4	5	6	7	8	9	10	11	12	13
Adrenaline													
Sweet Home Chicago													
Future Chefs													
Horseback Riding													
Water Park Week													
Chicago Sports Galore													
ARTLab													
Survivor Skills													
Best of the Best!													



THE BASICS

Our Mission

Our mission at Camp Lakeshore is to operate fun and engaging programs while fostering the physical, emotional, and social well-being of our campers. We give kids an experience that will last a lifetime!

Camp Staff

Our quality staff sets Camp Lakeshore apart from others! Our camp staff are carefully selected for their enthusiasm, experience, and professionalism. Before camp begins, all camp staff is extensively trained in policies and procedures, CPR/First Aid, and how to effectively work with campers. We maintain low staff to camper ratios so that each child has the best supervision and support.

Flexibility

Campers can attend for just one day, one week, several weeks, or the entire summer. Customize your campers' summer schedule by mixing and matching between our Traditional Day Camps, Sports Camps, and Specialty Camps.

Lunch & Snack Included

Our Executive Chef has designed a menu of snack and lunch options, specifically for our campers. All campers receive a daily snack, which includes fresh fruit. Full day campers also receive a buffet style lunch which includes a choice of entree, fruit, vegetable, side, and drink. Bagged lunches are provided on field trip days. Our meals are designed to be balanced and nutritious to promote lifelong healthy living!

Line Up of Activities

All Camp Lakeshore programs are based in our 185,000 square-foot, state-of-the-art facility which includes a large outdoor rooftop, playground, studios, and indoor/outdoor pool. Our camps also travel to surrounding neighborhood parks and Chicagoland fieldtrips!

Camp Hours

Half Day Camps: 9am-12:30pm

Full Day Camps: 9am-3pm

Camp 48: 9am-4pm

Pre Camp: 7:30am-9am

After Camp: 3pm-6pm



TRADITIONAL DAY CAMPS

2-12 years | Daily & Weekly Registrations | Full & Half Day

Our Traditional Day Camps are our largest and most popular camp offerings. With weekly themes, dress up days, fun field trips, and wacky counselors to lead games and activities, this variety camp is sure to keep your camper active and engaged all summer long!



"I just want to thank you all for another great summer. The LSF camp is always positive, reliable, flexible and fun for our kids."

Full Day Camp

3.5-12 years | June 1-Aug 28 | 9am-3pm

Our full day traditional camp is our largest and most popular summer camp! Campers are split into age appropriate groups, and daily and weekly registration is available. Camp activities are the special games, projects, and activities that our counselors plan to compliment the weekly theme. Plus, campers participate in daily specials including sports, yoga, science, art, theater, music, nutrition, and more! Swimming takes place 4 days a week - our certified instructors provide swim lessons on Mondays and Tuesdays, while the rest of the week is fun swim. For added fun, Wild Wednesdays are always memorable as campers dress up in theme and join together for a camp wide special event. We walk to local parks daily, and we end each week by traveling to a field trip on Fridays! Counselor in Training Camp available for 13-17 year olds.

2020 Weekly Themes

Week 1	Safari Park	Week 8	Color Games!
Week 2	Blast from the Past	Week 9	Shoot for the Moon
Week 3	Magic Circus	Week 10	Walk the Plank
Week 4	Waterpalooza	Week 11	Around the World
Week 5	Holiday Hullabaloo	Week 12	Hometown Heroes
Week 6	Wild Wild West	Week 13	Lakeshore's Got Talent
Week 7	Animal Adventures		

Half Day Camp

3.5-5 years | June 1-Aug 28 | 9am-12:30pm

Our half day camp is simply a shortened version of our Full Day Camp for our younger campers. While camp may last half the day, it's packed with just as much fun! There are no field trips in this camp, but campers walk to nearby parks and playgrounds!

Pee Wee Camp

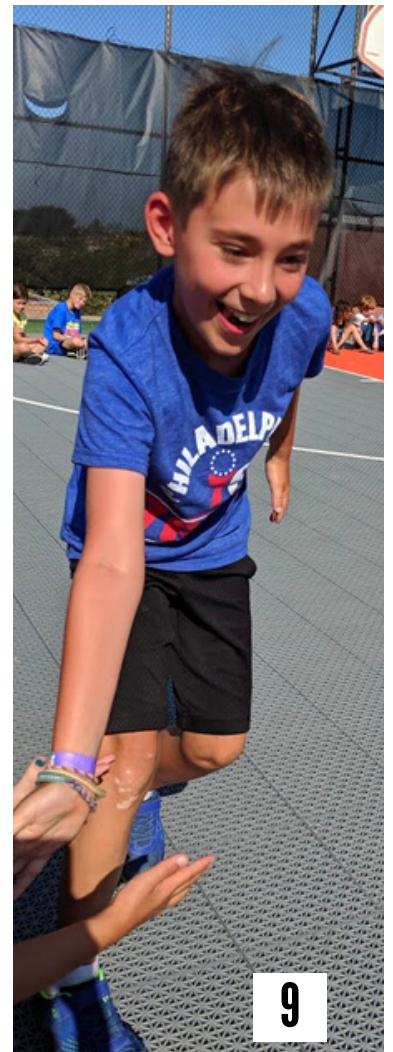
2-4 years | June 1-Aug 28 | 9am-12:30pm

Pee Wee is a half day academic enrichment based program in which campers practice letters, shapes, numbers, and colors. All camp activities are led by teachers who are experienced in Early Childhood Education. Music and yoga are offered weekly, and swim lessons are provided 5 days a week. Campers receive a morning snack each day. Staff to camper ratio is 1:4. Daily and weekly registration options available.

SPORTS CAMPS

4 - 18 years | Daily & Weekly Registrations | Full Day

Our Sports Camps are designed for campers of all ages and skill levels. Our hands-on approach is aimed at helping all athletes improve their skills and learn new ones! We focus on sportsmanship, teamwork, competition, and most of all fun!



Beauties in Beast Mode

5-10 years | June 29-July 3, July 27-31, Aug 24-28 | 9am-3pm

Girls only! Join us for a week of learning about what makes us so special! We will workout, find our inner beauty, talk about positive role models, and more! Who says girls can't be equally beautiful and tough? Fun swim included. Weekly registration required.

LSF Basketball Academy

6-13 years | July 6-10, July 20-24, Aug 3-7, Aug 17-21 | 9am-3pm

Basketball Academy is designed to instill confidence, teamwork, and discipline in campers, all while helping them make new friends. We invite boys and girls with a wide range of abilities and skill sets looking to take their game to the next level. We'll focus on dribbling, shooting, passing, and conditioning skills with an emphasis on offensive and defensive strategy. Fun swim included. Weekly registration required.

Nothing But Nets

5-10 years | June 22-26, July 13-17, Aug 10-14 | 9am-3pm

Soccer, basketball, ping pong, volleyball, tennis, and more....we'll explore a variety of sports this week, all with nets! We'll learn the fundamentals, practice our skills, and build good sportsmanship! Fun swim included. Weekly registration required.

Stingrays Swim Camp

8-18 years | June 24-29, July 8-13 | 9am-3pm

Stingrays Swim Camp is for campers who are on a swim team and are skilled in the major four strokes. Stingrays Swim Camp focuses on the development of various strokes and team building activities. All coaches are current USA registered coaches with a wealth of personal competitive experience as well as coaching time. Two meals are included daily. Weekly registration required.

Tennis Camp

4-13 years | June 1-Aug 21 | 9am-3pm or 9am-12:30pm

Tennis Camp is a uniquely designed recreational program that accommodates the beginner and intermediate level player. Campers are divided into groups based on age and ability to maximize education and activity. Our team of tennis professionals and counselors focus on improving technique, movement, footwork, and tennis strategy. We focus on the importance of development while learning to enjoy the challenges of tennis! Fun swim included. Daily and weekly registration options available.

SPECIALTY CAMPS

5-10 years | Weekly Registration | Full Day

Camp Lakeshore offers premium specialty camps for K-4th graders! These camps are designed to be progressive, week long camps that have a dedicated focus on a featured interest. This allows the campers to fully immerse themselves in the subject of the camp, improve skill sets, and create awesome projects! Weekly registration is required.



Culinary Creations

5-10 years | June 22-26, July 27-31 | 9am-3pm

Calling all junior chefs! Test your skills in the kitchen as we practice countless recipes over the course of this delicious week. We'll bake, cook, grill, and learn to make appetizers, entrees, desserts, and more! By week's end, our campers will come home with full bellies and full recipe books! Bon Appetite! Fun swim included. Weekly registration required.

DIY Kids

5-10 years | June 29-July 3, Aug 3-7 | 9am-3pm

This is the quintessential arts and crafts camp for our creative kiddos! We'll explore a hodgepodge of mediums including duct tape, crayons, recycled materials, and household items. We'll design whatever our master makers desire throughout the week - cartoon characters, party supplies, stuffed animals, magnets, t-shirts and more. Artists, designers, and construction builders welcome! Fun swim included. Weekly registration required.

Funky Forensics

5-10 years | July 6-10, Aug 10-14 | 9am-3pm

Are you ready for your next mission? Step into the shoes of a detective and uncover the science in solving mysteries. We'll gather evidence, crack codes, go on secret spy missions, attend secret briefings and perform analysis. After all, aren't detectives just scientists in disguise? Fun swim included. Weekly registration required.

Icky Sticky

5-10 years | July 13-17, Aug 17-21 | 9am-3pm

Grab your lab coat, gloves, and goggles and get ready to explode with fun! Each day will be filled with experiments, explorations, and discoveries. Our messy scientists will learn to make slime, force soda explosions, and make whipped cream mountains. This week is filled with everything slimy, ooey, and gooey! Get ready to get your hands dirty because in this camp we're saying yes to the mess. Fun swim included. Weekly registration required.

Laugh Factory

5-10 years | July 20-24, Aug 24-28 | 9am-3pm

Calling all class clowns who love being the center of attention! Join our comedians, actors and performers this week as we dive into an exciting mix of expertly crafted theater games, improvisational exercises, ensemble-building activities and performance opportunities. We'll share the spotlight on Friday with a talent show for parents! Fun swim included. Weekly registration required.

CAMP 48

4th-8th graders | Weekly Registrations | Full Day

Camp 48 is LSF's fieldtrip based specialty camp program for 4th-8th graders! We'll travel around the Chicagoland area to seek out the best adventures and highest quality experiences! Camp 48 is an extended camp program, with camp hours running from 9am-4pm, and bagged lunches are included daily. Weekly registration is required.



"I just wanted to thank you & the staff -- my daughter is absolutely loving Camp Lakeshore!

Thanks to all the counselors & staff for making such a happy, fun environment!!"



Adrenaline

4th-8th grade | June 1-5, June 22-26, July 6-10, July 20-24, Aug 3-7, Aug 17-21 | 9am-4pm

Join our most popular Camp 48 week full of exciting, heart-pumping, thrill seeking, skill building activities! We promise to have your heart racing with activities like rock climbing, zip lining, laser tagging, go cart racing, high ropes courses and much more! We'll keep your adrenaline pumping this week!

Sweet Home Chicago

4th-8th grade | June 8-12, June 29-July 3, Aug 10-14 | 9am-4pm

Your family lives in the city, but do you take full advantage of it? We'll explore the best attractions that Chicago has to offer including the Sky Deck, Millennium Park, Navy Pier, and more! Better yet, the kids will vote on where to go for the Friday field trip. Will it be the Shedd Aquarium? A boat tour? Join this camp to find out!

Future Chefs

4th-8th grade | June 15-19, July 6-10 | 9am-4pm

We'll be guests in several different kitchens around the city and learn directly from their chefs! Each day will feature a different cuisine or cooking technique. This week is filled with cooking classes and delicious meals!

Horseback Riding Week

4th-8th grade | June 8-12, July 20-24, Aug 3-7 | 9am-4pm

We'll learn to walk, trot, and gallop on a horse and also learn how to care for them! This is a comprehensive and progressive week of full-day lessons that will get the kids exploring their animal loving instincts.

Water Park Week

4th-8th grade | June 29-July 3, July 13-17, July 27-31, Aug 10-14 | 9am-4pm

Soaking up summer is what we do best! Who doesn't love lazy rivers, massive slides, water tubes, and cannon balls? Join us for a week filled with all water parks, all the time! Let's soak up as much summer as we can!

Chicago Sports Galore

4th-8th grade | June 22-26, July 27-31 | 9am-4pm

Cubs, Sox, Bulls, Hawks, Wildcats - Chicago is all about our sports teams! We'll spend this week learning, touring, and cheering for our home town teams. This week is perfect for sports enthusiasts and team fanatics!

ARTLab

4th-8th grade | July 13-17 | 9am-4pm

Photography, pottery, painting, and more - those who love to create can't miss this week of camp! We'll learn from some of the best around the Chicagoland area and go home with one of a kind projects to showcase. Artists of all abilities and interests welcome!

Survivor Skills

4th-8th grade | Aug 17-21 | 9am-4pm

Shake off that city dust and get ready for a week of adventurous, outdoorsy exploration featuring kayaking, rock climbing, and hiking. We'll practice fire building, campfire cooking, compass reading, and more!

Best of the Best

4th-8th grade | Aug 24-28 | 9am-4pm

All of your favorite activities are wrapped into one week! All week, campers will vote to visit their favorite field trips one last time. We'll wrap up the summer the best way we know how - with the kids in charge of our destinations!

AT CAMP LAKE SHORE, IT'S ALL INCLUDED!

.....
Hot, healthy
lunches
.....

Instructor led
swim lessons
.....

Low camper
to counselor
ratios
.....

Weekly field
trips
.....



EXTENDED CARE OPTIONS

Kids can spend all day at Camp Lakeshore with our Extended Care options that offer quality care for your child before and after the camp day. Pre Camp runs from 7:30am-9am and After Camp runs from 3pm-6pm.

All package options expire August 28, 2020. Package and advanced purchase daily option dates must be selected at time of registration and must be purchased at least 24 hours prior to the start of the camp day.

Club 48 is available for those in 4th-8th grade from 3pm-6pm and is included with an LSF membership. Guests are welcome to attend Club 48 programs at rate of After Camp pricing listed below.

	25 Day Package Rates	Advanced Purchase Rates	Drop In Rates
Pre Camp	\$200 (\$8/day)	\$10/day	\$15/day
After Camp	\$375 (\$15/day)	\$20/day	\$30/day
<i>LSF Guests can attend Club 48 at these rates.</i>			
All Day Fun (Pre & After)	\$500 (\$20/day)		

"You guys ran a wonderful program this summer! Thank you for taking such great care of my girls. They had a blast!"





POLICIES & PROCEDURES

Payment Details

To reserve your spot in camp, a non-refundable deposit of \$25 per camp day is required. You can adjust your camp dates until May 15th, after which there are no refunds on any camp purchase. Payment plans are available, and final payment is due on May 15th.

When to Register

We encourage you to add more camp days throughout the summer! Due to our full enrollment and meal preparation, we simply ask that all camp days be requested with at least 24 hours notice. Campers who are registered within the 24 hour window will be charged a \$25 late fee.

Date Changes

Any date change after May 15th must be requested in writing to LPCamp@LakeshoreSF.com and submitted by 12pm on the date of the absence. Date change requests will result in a \$10 processing charge per day per child unless a doctor's note is submitted. Date changes are only accepted as switches from a day of a camp program to another day of a camp program, not from a day of camp to an Extended Day Program. Individual date changes are not accepted for week long camp programs including Camp 48, Specialty Camps, and Sports Camps. All camp purchases and makeup days expire August 28, 2020. There are no refunds for missed days, and we do not prorate week long programs for any reason.

Program Changes

Should you need to change the program for which you are registered, you are welcome to do so. However, please realize that you will forfeit the difference in pricing should you switch to a less expensive program, and you will owe the difference in pricing should you switch to a more expensive program.

Ways to Save

There are a few ways to secure savings on your summer camp purchase!

- Early Bird Discount: Register before November 30th, and save 15% on your camp purchase.
- New Year Discount: We offer 10% off your camp purchase during the month of January.
- Referral Discount: When you refer a new camper who purchases a minimum of 10 days, you receive a \$100 camp credit and the camper you refer receives 10% off their purchase.
- Sibling Discount: We offer a 10% discount on all children after the first.
- Membership Savings: Membership rates are available to those who join Lakeshore Sport & Fitness before May 15th and who remain a member for at least 6 months.

Please note that only Sibling Discounts and Referral Discounts can be combined with other offers. In addition, your discounts are locked in at the time of registration. Changes to your registration are not eligible for past discounts.

Camp Lakeshore Cancellations

Camp Lakeshore reserves the right to cancel camp programs for any reason, including low enrollment.

Late Pick Up Fees

We ask that you are prompt in picking up your camper. If you are not able to check out your camper by 3:05pm, he/she will automatically be enrolled in After Camp, and your account will be charged accordingly. If you are not able to check out your camper by 6:00pm, you will be subject to a \$25 late fee for the first 15 minutes of tardiness plus \$1/minute for every additional minute after 6:15pm.

Guidance & Discipline

We take a positive approach to guidance and discipline, and we expect campers to be responsible for their behavior. If campers and counselors are able to act and treat each other with respect, we are confident that every camper will have fun! If a child's behavior becomes inappropriate, parents may be called to pick up their child immediately and may risk being asked to leave the program.

FREQUENTLY ASKED QUESTIONS

Will I have the opportunity to meet my campers' counselor?

Yes! All Camp Counselors will be at our Parent Orientation in May!

What should I pack my camper?

Please send your camper in comfortable clothing and sneakers. Be sure to pack a backpack with a bathing suit, change of clothes, sunscreen, and water bottle. Don't forget to label all belongings!

My child has allergies. How can I be certain he/she is safe during lunch and snack time?

We provide hot, healthy allergy free meal and snack options daily. We do not allow outside food in the Club, but all meals are designed by our Executive Chef and offer campers a balanced diet that includes allergy free and picky eater options. Field trip days will include a cold sack lunch.

My child isn't a strong swimmer. Who will be watching the campers in the pool?

Campers are required to take a swim test in order to swim in the pool unassisted. If they are unable to pass, they will be required to wear a life vest that LSF provides. All camp counselors swim with the children, plus we have a lifeguard on deck!





HOW TO REGISTER

1. Open your photo app and hold it open over this QR code. Create an account or log into your account.
2. Click on "Camper Application" in your Parent Portal.
3. Select 2020 as the season.
4. Proceed through the Camper Application (one for each child), and select your individual days or weeks.



Need help registering? You can reach us at LPCamp@LakeshoreSF.com or 773-770-2418.



"My son had a wonderful time participating in Lakeshore summer camp. It's an awesome program. Thank you for taking good care of him. I'll be sure to enroll him again next summer."