



Masters Swim Team February Schedule 2019

Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date						1-Feb	2-Feb
Time						6:00am-7:00am	7:30am-9am
Coach						John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	4-Feb	4-Feb	5-Feb	6-Feb	7-Feb	8-Feb	9-Feb
Time	6:00am-7:00am	6:30pm-8pm	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	6:00 - 7:00am	7:30-9:00am
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.	John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	11-Feb	11-Feb	12-Feb	13-Feb	14-Feb	15-Feb	16-Feb
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	7:30-9:00am
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.	John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	18-Feb	18-Feb	19-Feb	20-Feb	21-Feb	22-Feb	23-Feb
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.	John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	25-Feb	25-Feb	26-Feb	27-Feb	28-Feb		
Time	6:00am-7:00am	6:30pm-8pm	6:00am-7:00am	6:00am-7am	6:00am-7:00am		
Coach	John M.	Julie F.	Julie F.	John M.	Katie M.		

All Masters Practices take place in the first floor lap pool and welcome members of any skill level. Check out LSF's adult one-on-one swim training options by emailing lpaquatics@lakeshoresf.com

Yellow indicates a substitute instructor

Red indicates a cancelled class