



# POOL SCHEDULE



## 1ST FLOOR LAP POOL

(9 Lanes)

### Monday

6:00am – 7:00am Masters Swim (8 Lanes)  
4:00pm – 8:00pm Stingrays (6 Lanes)  
6:30pm – 8:00pm Masters Swim (2 Lanes)

### Tuesday

6:00am – 7:00am Masters Swim (8 Lanes)  
4:00pm – 8:00pm Stingrays (6 Lanes)

### Wednesday

6:00am – 7:00am Masters Swim (8 Lanes)  
4:00pm – 8:00pm Stingrays (6 Lanes)

### Thursday

6:00am – 7:00am Masters Swim (8 Lanes)  
4:00pm – 8:00pm Stingrays (6 Lanes)

### Friday

6:00am – 7:00am Masters Swim (8 Lanes)  
4:00pm – 8:00pm Stingrays (6 Lanes)

### Saturday

7:30am – 9:00am Masters Swim (8 Lanes)  
9:00am – 1:00pm Stingrays (6 Lanes)



## ROOFTOP FAMILY POOL

### Monday

8:30am – 9:30am Aqua Fit (Half)  
10:00pm – 3:00pm Day Camp (Half)  
3:00pm – 7:00pm Swim Lessons (Half)

### Tuesday

8:30am – 9:30am Aqua Fit (Half)  
10:00pm – 3:00pm Day Camp (Half)  
3:00pm – 7:00pm Swim Lessons (Half)

### Wednesday

8:30am – 9:30am Aqua Fit (Half)  
10:00pm – 3:00pm Day Camp (Half)  
3:00pm – 7:00pm Swim Lessons (Half)

### Thursday

8:30am – 9:30am Aqua Fit (Half)  
10:00pm – 3:00pm Day Camp (Half)  
3:00pm – 7:00pm Swim Lessons (Half)

### Friday

10:00pm – 3:00pm Day Camp (Half)  
3:00pm – 6:00pm Swim Lessons (Half)

### Saturday

7:30am – 8:30am Aqua Fit (Half)  
9:00am – 2:00pm Lessons (Half)  
2:00pm – 7:00pm Special Events (Half)

### Sunday

9:00am – 2:00pm Lessons (Half)  
2:00pm – 7:00pm Special Events (Half)

*\* Open Family Swim can occur in any non-reserved portion of the pool*

For more information  
contact **Aquatics Department**

**773.770.2424**

LPaquatics@LakeshoreSF.com