



Masters Swim Team Schedule August 2019

Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date					1-Aug	2-Aug	3-Aug
Time					6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach					Katie M.	John M.	Julie F.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	5-Aug	5-Aug	6-Aug	7-Aug	8-Aug	9-Aug	10-Aug
Time	6:00am-7:00am	6:30pm-8pm	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	6:00 - 7:00am	7:30am-9am
Coach	John M.	Julie L.	Julie L.	John M.	Katie M.	John M.	Julie Hartley
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	12-Aug	12-Aug	13-Aug	14-Aug	15-Aug	16-Aug	17-Aug
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	7:30-9:00am
Coach	John M.	Julie L.	Julie L.	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	19-Aug	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug	24-Aug
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie L.	Julie L.	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	26-Aug	26-Aug	27-Aug	28-Aug	29-Aug	30-Aug	31-Aug
Time	6:00am-7:00am	6:30pm-8pm	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie L.	Julie L.	John M.	Katie M.	John M.	Julie L.

All Masters Practices take place in the first floor lap pool and welcome members of any skill level. Check out LSF's adult one-on-one swim training options by emailing LPAquatics@LakeshoreSF.com

Yellow indicates a substitute instructor
Red indicates a cancelled class