



POOL SCHEDULE



1ST FLOOR LAP POOL

(9 Lanes)

Monday

6:00am – 7:00am Masters Swim (8 Lanes)
4:00pm – 8:00pm Stingrays (6 Lanes)
6:30pm – 8:00pm Masters Swim (2 Lanes)

Tuesday

6:00am – 7:00am Masters Swim (8 Lanes)
4:00pm – 8:00pm Stingrays (6 Lanes)

Wednesday

6:00am – 7:00am Masters Swim (8 Lanes)
4:00pm – 8:00pm Stingrays (6 Lanes)

Thursday

6:00am – 7:00am Masters Swim (8 Lanes)
4:00pm – 8:00pm Stingrays (6 Lanes)

Friday

6:00am – 7:00am Masters Swim (8 Lanes)
4:00pm – 8:00pm Stingrays (6 Lanes)

Saturday

7:30am – 9:00am Masters Swim (8 Lanes)
9:00am – 1:00pm Stingrays (6 Lanes)



ROOFTOP FAMILY POOL

Monday

8:30am – 9:30am Aqua Fit (Half)
3:00pm – 7:00pm Swim Lessons (Half)

Tuesday

8:30am – 9:30am Aqua Fit (Half)
3:00pm – 7:00pm Swim Lessons (Half)

Wednesday

8:30am – 9:30am Aqua Fit (Half)
3:00pm – 7:00pm Swim Lessons (Half)

Thursday

8:30am – 9:30am Aqua Fit (Half)
3:00pm – 7:00pm Swim Lessons (Half)

Friday

3:00pm – 6:00pm Swim Lessons (Half)

Saturday

7:30am – 8:30am Aqua Fit (Half)
9:00am – 2:00pm Lessons (Half)
2:00pm – 7:00pm Special Events (Half)

Sunday

9:00am – 2:00pm Lessons (Half)
2:00pm – 7:00pm Special Events (Half)

** Open Family Swim can occur in any non-reserved portion of the pool*

For more information
contact **Aquatics Department**

773.770.2424

LPaquatics@LakeshoreSF.com