



Masters Swim Team Schedule November 2019

Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date						1-Nov	2-Nov
Time						6:00am-7:00am	7:30am-9am
Coach						John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	7-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct	12-Oct
Time	6:00am-7:00am	6:30pm-8pm	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	6:00 - 7:00am	7:30am-9am
Coach	John M.	Julie L.	John Hartley	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	4-Nov	4-Nov	5-Nov	6-Nov	7-Nov	8-Nov	9-Nov
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00 - 7:00am	7:30-9:00am
Coach	John M.	Julie L.	John Hartely	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	11-Nov	11-Nov	12-Nov	13-Nov	14-Nov	15-Nov	16-Nov
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie L.	John Hartley	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	18-Nov	18-Nov	19-Nov	20-Nov	21-Nov	22-Nov	23-Nov
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	6:00 - 7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie L.	John Hartley	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	25-Nov	25-Nov	26-Nov	Cancelled	Cancelled	Cancelled	30-Nov
Time	6:00 - 7:00am	6:30-8:00pm	6:00 - 7:00am	Cancelled	Cancelled	Cancelled	7:30am-9am
Coach	John M.	Julie L.	John Hartley	Cancelled	Cancelled	Cancelled	Julie L.

All Masters Practices take place in the first floor lap pool and welcome members of any skill level. Check out LSF's adult one-on-one swim training options by emailing lpaquatics@lakeshoresf.com

Yellow indicates a substitute instructor

Red indicates a cancelled class