



Masters Swim Team Schedule January 2020

Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date				1-Jan	2-Jan	3-Jan	4-Jan
Time				6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach				John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	6-Jan	6-Jan	7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
Time	6:00am-7:00am	6:30pm-8pm	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie L.	John Hartley	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	13-Jan	13-Jan	14-Jan	15-Jan	16-Jan	17-Jan	18-Jan
Time	6:00am-7:00am	6:30pm-8pm	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie L.	John Hartley	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	20-Jan	20-Jan	21-Jan	22-Jan	23-Jan	24-Jan	25-Jan
Time	6:00am-7:00am	6:30pm-8pm	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	7:30am-9am
Coach	John M.	Julie L.	John Hartley	John M.	Katie M.	John M.	Julie L.
Day	Monday AM	Monday PM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM	Saturday AM
Date	27-Jan	27-Jan	28-Jan	29-Jan	30-Jan	31-Jan	
Time	6:00am-7:00am	6:30pm-8pm	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	6:00am-7:00am	
Coach	John M.	Julie L.	John Hartley	John M.	Katie M.	John M.	

All Masters Practices take place in the first floor lap pool and welcome members of any skill level. Check out LSF's adult one-on-one swim training options by emailing lpaquatics@lakeshoresf.com

Yellow indicates a substitute instructor

Red indicates a cancelled class