



JUNIOR TENNIS

LSF's Junior Tennis Program offers the scaffolding for junior players to enjoy the sport of tennis for the first time as well as a path to progress through the ranks of different skill appropriate levels. These opportunities are made available through classes and semi-private or private lessons.

JUNIOR CLASSES: Emphasize group learning where players are given the opportunity to interact with each other through group based activities such as games, skill building, and competition.

FUTURE STARS: Intro to tennis for 3-5 year olds. Motor skills are developed with the love of the game.

UNDER 8-10 STARS: Classes will build upon the U5 Future Stars class by introducing elements of basic forehand and backhand ground strokes and volleys. It will also introduce elements of rallying, swing

technique, point play, and basic rules of the game. Players are encouraged to develop individual ownership to their improving game. These classes will incorporate drills, activities, and games with each weekly lesson.

UNDER 12-16 STARS: Classes are structured to teach basic hitting skills for beginning players. These classes will focus on basic all court skills including forehand and backhand ground strokes and volleys. Players will be introduced to basic elements of rallying, swing technique and body positioning, point play, and competition.

UNDER 10-16 INTERMEDIATES:

Classes are structured to progress the U8-U14 Star players to an intermediate level. Skills will become more specialized and technically improved upon while introducing performance and competition level elements. These classes will specialize in teaching elements such as combining different shots to develop fundamental point play, and introducing higher level skilled shots: serving, slicing, lobbing, and approach shots. This class will aim to advance players to move up to the Academy level.

For more information
contact **Danny McDermott**

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JUNIOR GROUP CLASS TIMES:

FUTURE STARS (3 & UP)	
Mon	4-4:45pm
Tues	3-3:45pm. 4-4:45pm
Wed	4-4:45pm
Thur	3-3:45pm. 4-4:45pm
Fri	4-4:45pm, 5-5:45pm
Sat	9-9:45am, 10-10:45am
Sun	9-9:45am, 10-10:45am

UNDER 8 (U8)	
Mon	4-5pm
Tues	4-5pm
Wed	4-5pm
Fri	4-5pm(I), 4-5pm, 5-6pm
Sat	9-10am, 10-11am,
Sun	9-10am, 10-11am

UNDER 10 (U10)	
Mon	4-5pm
Tues	4-5pm(I)
Fri	4-5pm(I), 5-6pm
Sat	9-10am(I), 10-11am (I)
Sun	10-11am

UNDER 12 (U12)	
Mon	5-6pm(I)
Wed	5-6pm(I)
Thur	5-6pm (I)
Fri	5-6pm (I)
Sun	10-11am, 12-1pm

UNDER 14 (U14)	
Mon	4-5pm
Tues	5-6pm
Fri	5-6pm
Sat	11-12pm
Sun	12-1pm

UNDER 16 (U16)	
Mon	5-6pm (I)
Wed	6-7pm (I)
Fri	6-7pm

classes times are offered at the intermediate level
(I)= Intermediate (B) = Beginner

	MON - FRI	SAT - SUN
Prime time hours.	4pm-10pm	8am-6pm
Non-Prime time hours.	6am-4pm	6pm-10pm

CLASS RATES

10-week session prices

Minimum 4 students per class

	Member
45 min	\$270
1 hr	\$300
1.5 hr	\$450
2 hr	\$600

SESSION DATES:

FALL	Sep 8 - Nov 15	10 wks
WINTER I	Nov 16 - Feb 7	10 wks
	<i>NO CLASS: Nov 26, Thanksgiving Day Winter Break Dec 21-Jan 3</i>	
WINTER II	Feb 8 - Apr 18	10 wks
SPRING	Apr 19 - Jun 27	10 wks

MEMBER REGISTRATION BEGINS 3 WEEKS PRIOR TO THE START OF EACH SESSION.

PRIVATE/SEMI-PRIVATE LESSONS

	Member
Prime Time Private	\$90
Prime Time Semi-Private	\$95
Non Prime Private	\$80
Non Prime Semi-Private	\$90

1 make-up lesson allowed within the session.
For lesson cancellations. LSF requires 24-hour notice to avoid cancellation charges.