



SOCCER SKILLS & DRILLS

Soccer is a great way to instill confidence, team work, and discipline all the while making new friends. Children will improve their endurance, balance and hand-eye, agility among other skills in this comprehensive program.

KIDS SOCCER (3-5 YEARS)

An entry-level class that is intended to provide bitty ballers with foundational skills around hand-eye coordination, ball handling, parts of the court and the value of teamwork. This class is very play based, as we focus on skill development through fun drills and games.

Saturday from 12:30-1:15 PM

YOUTH SOCCER (6-9 YEARS)

This program is designed to get you prepared for the next level. Whether your goal is to learn the sport, strengthen skills or tryout for an upcoming basketball season, fundamentals of dribbling, shooting, passing, free throws and zones will be emphasized in this challenging program. Players will also be introduced to the rules and strategy of the game and better understand spacing on the court.

Saturday from 1:45-2:45 PM

Fall Session Dates:

September 12th - November 14th

Price:

\$200 LSF Family Members

\$310 non-members

Please note:

Prices listed are for current LSF members. Non-Members may participate in one session of group classes.

For additional
information contact:

312.856.1111

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