













# Lakeshore Sport & Fitness – Lincoln Park

January 2023

RSVP for all events on the [MyLSF App](#). All events are subject to a 24-hour late cancellation \$15 and No-Show fee \$25.  
All events that have a \* following require an additional fee.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 <b>Pajama Story Jam</b> 6pm-7pm 	5	6 Club 48 Glow Party 6pm-8pm 	7 <b>Family Yoga</b> @ 12pm – 12:45pm 
8	9	10	11 <b>Pajama Story Jam</b> 6pm-7pm 	12	13 <b>Parents' Night Out:</b> Arctic Animals @ 6pm – 9pm 	14
15 <b>Bounce Bonanza</b> 1pm-4pm 	16	17	18 Family Music 4-4:45pm <b>Pajama Story Jam</b> 6pm-7pm 	19	20	21 Paint and Play 11am-12pm <b>Saturday Playdate:</b> Out of this World 3pm-6pm 
22	23	24 <b>Creation Station</b> 4pm – 5pm 	25 <b>Pajama Story Jam</b> 6pm-7pm 	26	27	28 <b>Family Yoga</b> @ 12pm – 12:45pm <b>Parents' Night Out:</b> PJ Party @ 5pm – 9pm 
29 <b>Family Fun Fair</b> 2pm-4pm 	30	31				

- 1/4 Pajama Story Jam 6-7pm
- 1/6 Club 48 Glow Party 6-8pm
- 1/7 Family Yoga 12-12:45pm
- 1/11 Pajama Story Jam 6-7pm
- 11/13 Parents' Night Out 6-9pm
- 1/15 Bounce Bonanza 1-4pm
- 1/18 Family Music 4-4:45pm
- 1/18 Pajama Story Jam 6-7pm
- 1/21 Paint and Play 11am-12pm
- 1/21 Saturday Playdate 3pm-6pm
- 1/24 Creation Station 4-5pm
- 1/25 Pajama Story Jam 6-7pm
- 1/28 Family Yoga 12-12:45pm
- 1/28 Parents' Night Out 5-9pm
- 1/29 Family Fun Fair 2-4pm