

Lakeshore Sport & Fitness - Lincoln Park

RSVP for all events on the MyLSF App. All events are subject to a 24-hour late cancellation \$15 and No-Show fee \$25.

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Family Movie Night <i>Surf's Up</i> 8-10 pm	4 Family Night Out <i>Giant Lawn Games</i> 5-7pm 	5 Family Yoga 3-5y.o. 11-11:30am 6+ 11:45-12:30pm Snow Cone Saturday! 2-4pm 
6	7	8	9 Pajama Story Jam 6-7pm 	10 Family Movie Night <i>Around the World in 80 Days</i> 8-10 pm	11 Family Night Out <i>Music Bingo</i> 5-7pm 	12 Family Yoga 3-5y.o. 11-11:30am 6+ 11:45-12:30pm Snow Cone Saturday! 2-4pm Parents' Night Out 5-9pm 
13	14	15	16  Family Music 4-4:45pm Pajama Story Jam 6-7pm	17 Family Movie Night <i>Tangled</i> 8-10 pm	18 Family Night Out <i>Paint and Play</i> 5-7pm 	19 Family Yoga 3-5y.o. 11-11:30am 6+ 11:45-12:30pm Snow Cone Saturday! 2-4pm Saturday Playdate 3-6pm 
20	21	22 Make a MESS-terpiece 4-5pm 	23 Pajama Story Jam 6-7pm 	24 Family Movie Night <i>Megamind</i> 8-10 pm 	25 Family Night Out 6-10pm Club48 Movie Night 8-10pm	26 Family Yoga 3-5y.o. 11-11:30am 6+ 11:45-12:30pm Snow Cone Saturday! 2-4pm Parents' Night Out 5-9pm 
27	28	29	30 Pajama Story Jam 6-7pm 	31 Family Movie Night <i>High School Musical</i> 8-10 pm	30	

- 8/3 Family Movie Night, Surf's Up, 8-10pm
- 8/4 Family Night Out, Giant Yard Games, 5-7pm
- 8/5 Family Yoga 11-11:30am; 11:45am-12:30pm
- 8/5 Snow Cone Saturday 2-4pm
- 8/9 Pajama Story Jam 6-7pm
- 8/10 Family Movie Night, Around the World in 80 Days, 8-10pm
- 8/11 Family Night Out, Music Bingo, 5-7pm
- 8/12 Family Yoga 11-11:30am; 11:45am-12:30pm
- 8/12 Snow Cone Saturday 2-4pm

- 8/12 Parent's Night Out 5-9pm
- 8/16 Family Music 4-4:45pm
- 8/16 Pajama Story Jam 6-7pm
- 8/17 Family Movie Night, Tangled, 8-10pm
- 8/18 Family Night Out, Paint and Play, 5-7pm
- 8/19 Family Yoga 11-11:30am; 11:45am-12:30pm
- 8/19 Snow Cone Saturday 2-4pm
- 8/19 Saturday Playdate 3-6pm
- 8/22 Make a MESS-terpiece 4-5pm

- 8/23 Pajama Story Jam 6-7pm
- 8/24 Family Movie Night, Megamind, 8-10pm
- 8/25 Family Night Out, 6-10pm
- 8/25, Club48 Movie Night, 8-10pm
- 8/26 Family Yoga 11-11:30am; 11:45am-12:30pm
- 8/26 Snow Cone Saturday 2-4pm
- 8/26 Parent's Night Out 5-9pm
- 8/30 Pajama Story Jam 6-7pm
- 8/31 Family Movie Night, Emperor's New Groove, 8-10pm