

LSF ACADEMY DANCE

Dance is the foundation of an active lifestyle! Give your child an opportunity to build social strength, improve posture and range of motion and stimulate creativity. Dance is a great alternative to team sports and most importantly, dance is FUN!

TINY DANCERS (PRE-K - KINDERGARTEN)

This is a creative movement class that promotes self-esteem and self-discipline in an environment where children learn through games, and imagination. Through exploration children experience concepts of rhythm, shapes, levels and different qualities of movement. Children are highly encouraged to wear leotards, tights, and ballet slippers.

**Mondays or Wednesdays from 4:00-4:45PM,
Saturdays from 10:00-10:45AM**

JUNIOR DANCERS (1ST - 4TH GRADE)

This is an introductory class to the foundation and discipline of dance. Students will be guided through the basic arm and feet positions, alignment, and body placement of different dance styles to gain strength, coordination, technique, musicality, and rhythm. Students will gain self-confidence in a positive and supportive classroom environment. No previous experience needed. Ballet slippers, tights & leotard are strongly encouraged.

**Mondays or Wednesdays from 5:00-5:45pm,
Saturdays from 11:00-11:45AM**

Session Dates:

FALL: Sept 5 - Nov 12

(No class Sept 4-8)

WINTER I: Nov 13 - Feb 4

(No class Nov 23, Dec 25 - Jan 5)

WINTER II: Feb 5 - Apr 14

(No class Mar 21)

SPRING: Apr 15 - Jun 23

(No class May 27)

Pricing:

\$320 for members

*Services paid for with credit or debit card
will incur a 4% convenience fee.*

Registration:

Please enroll at MyLSF.net
or register in the MyLSF app

*Private group lessons are
available upon request.*

For additional
information contact:

773.770.2425

KidEvents@LakeshoreSF.com