

ACADEMYTUMBLING

PARENT & CHILD TUMBLING (18mo-2yrs)

Bring balance to your life and to your little one! In this class, you and your child will learn together to help promote early development and start their journey to movement and mobility. The best part is that a parent or caregiver is along for the experience. Come to learn, stay for the fun! Saturdays 9am & 9:30am

BITTY TUMBLING (PreK)

Summersaults, stretches, and smiles! In this class, we will focus on learning about movement, confidence, and building strength in movements using tumbling equipment to learn a progressive program of skills.

Thursdays 4pm & Saturdays 10am

LIL GYMNASTS (K-1st)

Is your child looking for an introduction to gymnastics or a recreational activity to stay active? In our lil gymnasts class, we will help them learn the basics to be successful moving forward in their skills or have a fun talent to show off. We will focus on building confidence, body awareness, and friendships through fitness. Thursdays 4:45pm & Saturdays 11am

Session Dates:

FALL: Sept 5 - Nov 12 (No class Sept 4-8) WINTER I: Nov 13 - Feb 4 (No class Nov 23, Dec 25 - Jan 5) WINTER II: Feb 5 - Apr 14 (No class Mar 21) SPRING: Apr 15 - Jun 23 (No class May 27)

Pricing (10-week session)

Parent & Child 30-minute class: \$300 Bitty Tumbling 45-minute class: \$320 Lil Gymnasts 45-minute class: \$320 Services paid for with credit or debit card

will incur a 4% convenience fee.

Registration:

Please enroll at MyLSF.net or register in the MyLSF app

For additional information contact: KidEvents@LakeshoreSF.com