



**lake
shore**
LINCOLN
PARK **SF**

LATIN DANCE CLASS



Coming in November!



Member Price: \$350



RSVP on the MyLSF app
PT360@lakeshoresf.com

Make your way through a fun and engaging experience learning Latin dance styles.

Each week you'll learn a new style of Latin dance, ranging from Salsa, Merengue, Bachata, Cha-Cha, Mambo, Bolero, Reggaeton, and Samba. All levels are welcome as you explore the basic steps, footwork, dynamics from each rhythm, and more. In the final two weeks, you'll review some of your favorite dances from the session. No partner is needed. Come as you are, workout clothes are encouraged with sneakers or flats!