

# SOCCER SKILLS & DRILLS

Soccer is a great way to instill confidence, team work, and discipline all the while making new friends. Children will improve their endurance, balance and agility, among other skills in this comprehensive program.

## **KIDS SOCCER (Pre-K - Kindergarten)**

This introductory program is designed to introduce your little kicker to the fundamental concepts of soccer and teamwork. It is also the opportunity to improve their social, motor, and listening skills as they learn the basic concepts of passing, dribbling, and shooting. Players are introduced to these aspects through fun drills and games as we focus on skill development.

**Wednesday, 4:00-4:45pm**

## **YOUTH SOCCER (Grades 1-3)**

This program is the opportunity to learn the sport, strengthen skills, and prepare for the upcoming season. This program will focus on the fundamentals of passing, receiving a ball, trapping, dribbling, shooting, and precision. Players will be introduced to the rules and strategy of the game and gain a better understanding of spacing.

**Wednesday, 4:45-5:45pm**

### **Session Dates:**

**FALL: Sept 5 - Nov 12**

*(No class Sept 4-8)*

**WINTER I: Nov 13 - Feb 4**

*(No class Nov 23, Dec 25 - Jan 5)*

**WINTER II: Feb 5 - Apr 14**

*(No class Mar 21)*

**SPRING: Apr 15 - Jun 23**

*(No class May 27)*

### **Price:**

\$320 Kids Soccer

\$350 Youth Soccer

*Services paid for with credit or debit card  
will incur a 4% convenience fee.*

### **Registration:**

Please enroll at [MyLSF.net](http://MyLSF.net)  
or register in the MyLSF app

*Private group lessons are  
available upon request.*

**For additional  
information contact:**

**[KidEvents@LakeshoreSF.com](mailto:KidEvents@LakeshoreSF.com)**